

**Practice**  
**Group** \_\_\_\_\_ **Name** \_\_\_\_\_

## Schedule of Events

### Session 1

**6:15 AM**                      **Warm-up: 5:00 PM**                      **Session Starts at**

<b>Event No.</b>	<b>Boys/Girls</b>	<b>Age Group</b>	<b>Distance</b>	<b>Stroke</b>
101	G	11&Over	400 Yard	Individual Medley
102	B	11&Over	400 Yard	Individual Medley
103	G	10&Under	200 Yard	Individual Medley
104	B	10&Under	200 Yard	Individual Medley
105	G	11&Over	200 Yard	Backstroke
106	B	11&Over	200 Yard	Backstroke
107	G	10&Under	100 Yard	Backstroke
108	B	10&Under	100 Yard	Backstroke

### Session 2

**8:15 AM**                      **Warm-up: 7:00 AM**                      **Session Starts at**

<b>Event No.</b>	<b>Boys/Girls</b>	<b>Age Group</b>	<b>Distance</b>	<b>Stroke</b>
109	G	11&Over	500 Yard	Freestyle
110	B	11&Over	500 Yard	Freestyle
111	G	10&Under	500 Yard	Freestyle
112	B	10&Under	500 Yard	Freestyle
113	G	11&Over	200 Yard	Butterfly
114	B	11&Over	200 Yard	Butterfly
115	G	10&Under	100 Yard	Butterfly
116	B	10&Under	100 Yard	Butterfly
117	G	11&Over	200 Yard	Breaststroke
118	B	11&Over	200 Yard	Breaststroke
119	G	10&Under	100 Yard	Breaststroke
120	B	10&Under	100 Yard	Breaststroke

CAC reserve the right to combine heats and/or events for time management purposes.

**Entry Due by Thursday, November 1**